



The
HORRIFYING
DANGERS
TO
CHILDREN
&
ADULTS
WEARING MASKS

Wearing A Mask is Like Putting Up A Barb-Wire Fence To Keep Out Flies.



Covid-19 is Smaller Than Any Threads of Masks:

During the Spanish Flu of 1918-21, where over 50 million people died, **October 1918 a French Bacteriologist, Charles Nicolle**, discovered influenza (Covid-19) was .1 Micrometer in diameter, and was:

Much Smaller than any Other Known Bacterium (5.0 micrometer), thus Able to Go Through Masks.

Despite this major discovery, authorities in California tried to make masks compulsory. Many saw Masks as ineffective, a *violation of Civil Liberties*, thus *rebellion began in San Francisco*.

Physicians/health authorities presented findings from San Francisco's best run hospital during this time that **showed 78% of nurses became infected despite their careful wearing of masks**, and nearby cities such as San Mateo and Los Angeles, where no masks were required, the **death mortality rate were less or the same than San Francisco**. Author, Professor Samuel Cohn, University of Glasgow.

CDC Infamous Dr. FAUCI Even Told the Public "Mask Don't Work"



Dr. Anthony Fauci said on 60 minutes (March 8, 2020):

"There is no reason to walk around with a mask on because they can only block large droplets.

Masks give a false sense of security, and they cause people to get more germs on their hands by fiddling with it.

Those facts don't change with time."

<https://www.theblaze.com/op-ed/horowitz-lied-to-dramatically-about-masks>

<https://theconversation.com/face-masks-what-the-spanish-flu-can-teach-us-about-making-them-compulsory-137648>

Covid-19 Virus is 50x Smaller than Bacteria & 1000x Smaller than A Hair



Covid-19 is an Airborne Illness/Do the Math

(Covid means Cold)

- Size of Influenza (SARS CoV-2 -Covid-19) = .1 micrometer
- Size of Bacteria = 5 micrometer (5.0)
- Size of One Human Hair = 100 micrometers
- 1000 Micrometers of Covid = One Piece of Human Hair**
- Size of Particles of Wood Smoke (wildfire) = 0.4-0.7 micrometers
- No Cloth Mask Will Stop Smoke going into and burn the lungs**

Holes in woven masks cloth, visible to the naked eye equal in range = 5.0- 200. micrometers.

Some try to claim pore size of a M95 mask is = .3-10 Micrometer, regardless



NO MASK CAN STOP COVID-19 Virus

Even the MASK BOX

Tells US

MASKS PROVIDE NO PROTECTION

AGAINST COVID-19!



HORRIFIC and DEADLY Injuries

Can Be Caused by Wearing a MASK

- 1. Migraines/Headaches/Brain Fog/Irritability**
- 2. CO2 Overload in Blood Causes Hypercapnia**
- 3. Acute Hypercapnia - Unconsciousness/Coma**
- 4. Advanced Lung Cancer**
- 5. Respiratory Issues/Lung Infections**
- 6. Infection in Eyes & Skin Rashes & Infections**
- 7. Face Infections/Mask Mouth/Jaw Pain**
- 8. Difficulty Thinking, Possible Brain Tumors**
- 9. Masks Help Make You Sick with COVID-19 and Other Critical Diseases like Tuberculosis, Pneumonia and Meningitis**

**10. TERRIFYING INJURIES
EFFECTS on CHILDREN!**

!!! ADVANCE LUNG CANCER!!!

Masks are Priming the Lungs for Inflammation and Lung Cancer Pathology.

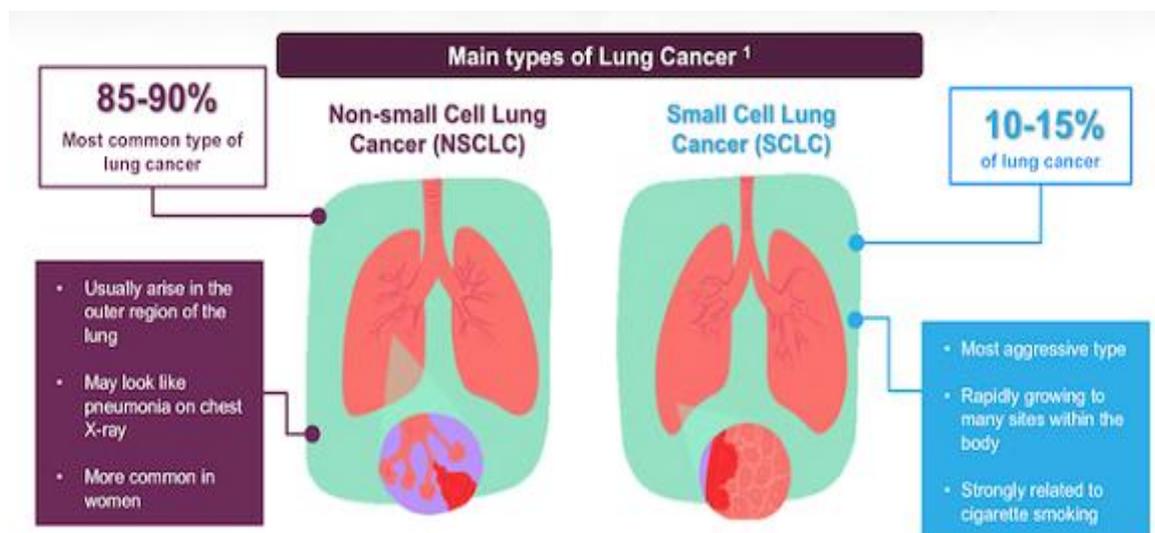
A study published in the journal *Cancer Discovery* finds that lung cancer progresses when the lungs are forced to regurgitate microbes. This toxic environment not only forces the person to regurgitate their own wastes, but also inundates the lungs with microbes that cause a toxic environment for advanced lung cancer.

When you exhale, out comes carbon dioxide gas, which allows the organ systems to rid the body of wastes. When this process is obstructed/restrained for prolonged periods of time, as happens when **one wears a mask, the lungs and the heart will struggle to nourish the rest of the body.**

The nose and mouth were designed to take in oxygen without strain and uninhibited. Long term masks hinder the body's natural ability to detoxify wastes, creates an acidic environment, and slowly strains the organ systems throughout the body. Specialist found that lung tissue from patients with advanced state lung cancer (stages 3b-4) was more enriched with microbes than lung tissue of patients who had early-stage disease. Wearing Masks acerates this process.

Cultivation and enrichment of microbes on the face can infiltrate into the lungs through unconscious aspirations and cause inflammatory responses and **advanced stage lung cancer**

-.Naturalnews.com



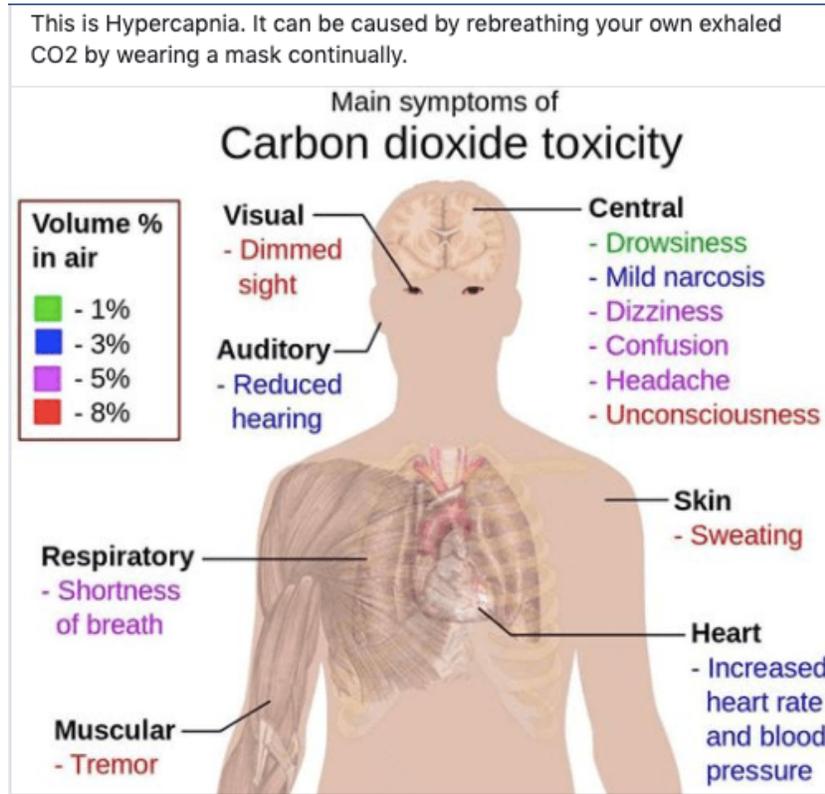
Prolonged mask wearing not only puts strain on the heart and lungs but also cultivates a large microbial environment that is more likely to infiltrate the lungs and **create an environment that feeds advanced lung cancer.**

Overload of Body Waste CO2 Effects From Masks:

Hypercapnia - caused by regurgitating your own CO2 by wearing a mask.

Hypercapnia changes the pH balance of your blood, making it too acidic. This can happen slowly or suddenly. If it happens slowly, your body may be able to keep up by making your kidneys work harder. Your kidneys release and reabsorb bicarbonate, a form of carbon dioxide, which helps keep your body's pH level balanced.

<https://www.webmd.com/lung/copd/hypercapnia-copd-related#2-6>



Acute Hypercapnia - a sudden rise in carbon dioxide. This is **very dangerous**, because your kidneys can't handle the spike. **Acute Hypercapnia** can cause you to **stop breathing, have a seizure, unconsciousness, or go into a coma.**

<https://www.medpagetoday.com/popmedicine/gomer/87806>



What is even worse, this can happen to **our Children** by forced Masking in the Schools and masks actually makes them sicker with multiple risks of infections, damage to their bodies, and adverse reactions.

Children constant touching, dropping of masks, make it impossible to keep masks sterile. Every time a mask is touched or used; it must be thrown away. We are actually harming our children creating fears, adverse reactions, sickness and more.

TERRIFYING EFFECTS on CHILDREN

Within 3 Minutes, A Child is in Danger



The Awful Truth of Damage to Children Who Are Forced to Wear Masks

America MUST HATE Children

There are two major studies in 2021 and one in 2020 have pointed out facemasks do more harm than good, **especially to children**. All 3 studies focused on the negative effects of wearing masks for prolonged periods and inhaling high concentrations of carbon dioxide (CO2) in children.

JAMA Pediatrics Clinical Trial 2021

The first study published June 2021 in *JAMA Pediatrics* involved a clinical trial in Germany with 45 volunteers from both genders. The volunteers aged between 6 and 17 years old were made to wear masks. Researchers then measured the levels of CO2 under the children's masks.

Estimates showed that children forced to wear face coverings while in school do so for an average of 4.5 hours. The researchers discovered that **CO2 levels under children's face masks,**

after just three minutes, CO2 were at Dangerous Levels

after 3 minutes of being worn exceeded CO2 levels deemed unacceptable, and dangerous by the *German Environment Agency*. They also found that the amount of CO2 inhaled by the child with the lowest CO2 level was three times higher than the agency's 2,000 parts per million (ppm) limit. Furthermore, the air measured from one seven-year-old child had a **CO2 Concentration of 25,000 ppm, 12.5 times the safe breathing levels for a child. Most were 3 to 4 time maximum.**

The study revealed CO2 building up in the dead-space volume of the masks can lead to hypercapnia - too much CO2 in the bloodstream. It pointed out that **"most of the complaints reported by children"** such as headache, irritability, unable to focus, and reluctance to go to school "can be understood as consequences of elevated [dirty waste CO2] levels in inhaled air."

<https://jamanetwork.com/journals/jamapediatrics/fullarticle/2781743?applied=scweb>

Germany Corona Study on Mouth and Nose Covering/Mask in Children

[A Second Study](#) A study involving over 25,930 children wearing masks a average of 4-1/2 hours, revealed children are harmed physically, psychologically, behaviorally, and suffer from 24 distinct health injuries. Of the 25,930 children studied, 17,854 had serious health issues.

[Impairment of 68% caused by wearing the mask were reported by the parents.](#) Nearly [a third of the children slept worse than normal](#), and [quarter of the children had developed new fears](#).

Also, hundreds of children suffered from feelings of weakness, a feeling of having disease, accelerated respiration, tightness in the chest, and short-term impairment of consciousness.

PORLONGED, FORCED MASK WEARING DESTORYS THE HEALTH OF CHILDREN

Here are the results:

- headache (53%)
- difficulty concentrating (50%)
- irritability (60%) less happiness (49%)
- impaired learning (38%)
- drowsiness or fatigue (37%)
- shortness of breath (29.7%)
- experienced dizziness (26.4%)
- reluctance to go to school/kindergarten (44%)
- malaise (feeling of debility or lack of health) (42%)



The Most Concerning were [Reports of Short-term of Un-Consciousness!](#)

These stats clearly show Masks are Harmful for Children.

The psychological warfare that is being thrust on our Children is even worst. They are being trained to see masked people as normal, impairs their learning, teaching to fear one another, interferes with being hugged and touched which is so important in their growth, and need facial smiles and expressions to understand the world around them. Children are afraid to go outside, to the store, school, anywhere. Children are being taught to obey authority and medical fraud at any cost. Will these institutions be held liable for the physical, psychological, and behavioral harm they continue to impose on children?

https://www.researchgate.net/publication/350172601_Corona_children_studies_CoKi_First_results_of_a_Germany-wide_registry_on_mouth_and_nose_covering_mask_in_children [NaturalNews.com](#), [HealthFreedom.news](#)

International Journal of Environmental Research and Public Health (IJERPH)

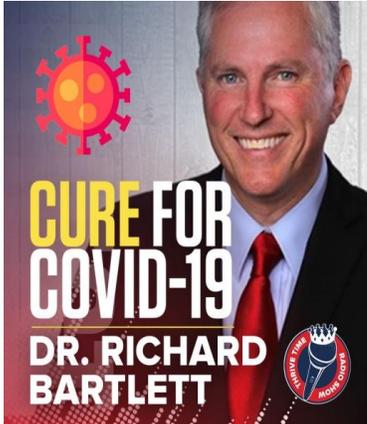
[The Third Study](#) published April 2021 in the *International Journal of Environmental Research and Public Health (IJERPH)* looked at 65 of 109 papers about face masks. The IJERPH study showed statistically significant [negative side effects of ALL types of masks](#) use in healthy & sick people of increase in heart rate, decrease in oxygen saturation, respiratory impairment, increase in carbon dioxide pressure, headaches, dizziness, impaired thinking, and exhaustion. Masks have a negative effect on the basis of all aerobic life, respiration, affects organ systems, metabolic processes with physical, psychological and social consequences for the individual.

<https://covidcalltohumanity.org/2021/04/29/meta-study-shows-that-masks-are-dangerous/>

NO NEED TO FEAR, COVID-19 VIRUS - Cure

Protocols of Medicine Effective to Help Treat and Cure Covid-19 (Masks are Dangerous & NOT Needed)

I. Nebulized Steroids (Budesonide) The most recent study by Oxford University (Randomized Control Trial) showed a 90% Reduction in Hospitalization for people with COVID-19 using Budesonide Feb 9, 2021



Dr. Richard Bartlett Protocol

Dr. Bartlett was 1st to Use Budesonide

Website <https://budesonideworks.com>

Email: budesonideworks@gmail.com

[Aestheticsadvisor.com/2021/04/dr-richard-bartlett-budesonide-protocol.html](https://www.aestheticsadvisor.com/2021/04/dr-richard-bartlett-budesonide-protocol.html)

<https://www.ox.ac.uk/news/2021-02-09-common-asthma-treatment-reduces-need-hospitalisation-covid-19-patients-study>

II. Ivermectin with Zinc (9ml per 100lbs)

The anti-parasitic ivermectin, with antiviral and anti-inflammatory properties, has now been tested in numerous clinical trials. Evidence finds large reductions in COVID-19 deaths are possible by 95% using ivermectin may cure 3-5 days. Using ivermectin early in the clinical course may reduce numbers progressing to severe illness. The apparent safety and low cost suggest ivermectin likely to have a significant impact against Covid-19 Pandemic Globally.



American Journal of Therapeutics: [July/August 2021 - Volume 28 - Issue 4 - p e434-e460](#)



III. Hydroxychloroquine with Zinc.

Treatment with Hydroxychloroquine Cut Death Rate Significantly in COVID-19 Patients in Hospital, Henry Ford Health System Study Shows without heart-related side-effects. Over 161 Studies on hydroxychloroquine proving it is an antiviral effective medicine.

<https://www.henryford.com/news/2020/07/hydro-treatment-study>

Do Masks Work?

CDC Publishes 15 Clinical Trials, Masks DO NOT WORK

What? Have We Been Lied to?

CDC published a study that reviewed 14 randomized controlled trials, appeared in the *“Emerging Infectious Diseases Journal Vol.26, No. 5.”* The abstract reads, “Although mechanistic studies support the potential effect of hand hygiene or face masks, evidence from 14 randomized controlled trials of these measures did not support a substantial effect on transmission of laboratory-confirmed influenza. This means, despite use of face masks, there was no proof masks stopped the spread of influenza (Covid).”

CDC Study Finds Majority Infected By COVID-19 "Always" Wore Masks!

Mask Cause Skin, mouth, and lung infections

In addition to causing “maskne” and skin infections on the face and around the mouth, persistent coughing, “mask mouth,” and respiratory illnesses including lung infections, it turns out that **most everyone infected with COVID-19 “always” wore masks**, according to a published study by the Center for Disease Control and Prevention.

Morbidity and Mortality Weekly Report

TABLE. (Continued) Characteristics of symptomatic adults ≥18 years who were outpatients in 11 academic health care facilities and who received positive and negative SARS-CoV-2 test results (N = 314)* — United States, July 1–29, 2020

Characteristic	No. (%)		P-value
	Case-patients (n = 154)	Control participants (n = 160)	
Previous close contact with a person with known COVID-19 (missing = 1)			
No	89 (57.8)	136 (85.5)	<0.01
Yes	65 (42.2)	23 (14.5)	
Relationship to close contact with known COVID-19 (n = 88)			
Family	33 (50.8)	5 (21.7)	<0.01
Friend	9 (13.8)	4 (17.4)	
Work colleague	11 (16.9)	6 (26.1)	
Other**	6 (9.2)	8 (34.8)	
Multiple	6 (9.2)	0 (0.0)	
Reported use of cloth face covering or mask 14 days before illness onset (missing = 2)			
Never	6 (3.9)	5 (3.1)	0.86
Rarely	6 (3.9)	6 (3.8)	
Sometimes	11 (7.2)	7 (4.4)	
Often	22 (14.4)	23 (14.5)	
Always	108 (70.6)	118 (74.2)	

In the 14 days before Covid illness onset, 85% used masks Often or Always. 71% of case-patients and 74% of control participants reported always using cloth face coverings or other mask types when in public. Close contact with one or more persons with known COVID-19 was reported by 42% of case patients compared with 14% of control-participants (p<0.01), and most (51%) close contacts were family members.

<https://needtoknow.news/2020/07/cdc-study-based-on-14-clinical-trials-shows-face-masks-do-not-work/>

<https://californiaglobe.com/articles/new-cdc-study-finds-majority-of-those-infected-with-covid-19-always-wore-masks/>



Mask Science Evidence

Epidemics: 16 Studies Result: Facemasks have no effect in helping protect people from infection in studies. Their study of Personal Protective Measures discovered 3 things: Hand hygiene provided a significant protective effect, Facemask use provided a no-significant protective effect, and No data found for any effectiveness of cough etiquette. Vol 23, September 2017 <http://sciencedirect.com/science/article/pii/S1755436516300858#kwd0005>

Journal Neurocirugia (Neurosurgery): “Preliminary Report on surgical Mask induced deoxygenation during major surgery...**Our study revealed a decrease in the oxygen saturation of arterial pulsations (SpO2)**” PMID:18500410 <https://pubmed.ncbi.nlm.nih.gov/18500410/>

New England Journal of Medicine: “**We know that wearing a mask outside health care facilities offers little, if any, protection from infection.** To have significant exposure to Covid-19 one must have face to face contact with symptomatic Covid-19 for more than 10 minutes and some say 30 minutes. Chance of catching Covid-19 from passing interaction in public space is minimal. Wide-spread masking is a reflex to (fear) anxiety (created by media) and not warranted. PMID: 32237672 <https://www.nejm.org/doi/full/10.1056/NEJMp2006372>

Annals of Internal Medicine: “**Both surgical and cotton masks seem to be ineffective in preventing the dissemination of SARS-COV-2** from the cough of patients with COVID-19 to the environment and external mask surface.” <https://www.acpjournals.org/doi/10.7326/M20-1342>

Respiratory Acidosis: “**Respiratory acidosis develops** when air inhaled into and exhaled from the lungs does not get adequately exchanged between the carbon dioxide from the body and oxygen from the air.” <https://www.medicalnewstoday.com/articles/313110>

Journal of Influenza & Other Respiratory Viruses: “**None of the studies established a conclusive relationship between mask/respirator use and protection against influenza infection.**” PMID: 22188875 <https://europepmc.org/backend/ptpmcrender.fcgi?accid=PMC5779801&blobtype=pdf>

American Journal of Infection Control: “**Face mask use in health care workers has not been demonstrated to provide benefit in terms of cold symptoms or getting colds.**” PMID 19216002 [https://www.ajicjournal.org/article/S0196-6553\(08\)00909-7/fulltext](https://www.ajicjournal.org/article/S0196-6553(08)00909-7/fulltext)

Journal of Epidemiology & Infection: “**There is little evidence to support the effectiveness of face masks to reduce the risk of infection.**” PMID: 20092668 <http://hub.hku.hk/bitstream/10722/86552/1/content.pdf>

British Medical Journal: “**...laboratory-confirmed virus were significantly higher in the cloth masks group...Penetration of cloth mask by particles was almost 97%.** This study is the first RCT of cloth masks, and the results caution against the use of cloth masks.....Moisture retention, reuse of cloth masks and poor filtration may result in increased risk of infection.” PMID: 25903751 <https://www.bmj.com/content/369/bmj.m1422>

Journal of the American Medical Association: “**Face masks should not be worn by healthy individual to protect themselves from acquiring respiratory infection** because there is no evidence to suggest that face masks worn by healthy individuals are effective in preventing people from becoming ill.” <https://jamanetwork.com/journals/jama/fullarticle/2762694>

Journal of Life and Environmental Sciences: “This study showed that the filtering efficiency of cloth face masks were relatively lower, and touching, washing, and drying practices deteriorated the efficiency. PMID:31289698 <https://europepmc.org/backend/ptpmcrender.fcgi?accid=PMC6599448&blobtype=pdf>



CRAZY Results of Wearing a Mask

Eye Infection can affect sight- When one wears a face mask the dirty exhaled CO2 air goes into the eyes. This can cause an uncomfortable feeling, an impulse to touch your eyes. If your hands are contaminated, you are infecting yourself.



Communication Difficulties

It's simply hard to hear and understand people when they are talking to you with a mask on, which causes people to misunderstand each other and interfere with critical issues.

Healthcare Professionals prolonged use of N95 and surgical masks has caused adverse effects such as headaches, rash, acne, skin breakdown, vision, thermal equilibrium and impaired cognition in the majority of those surveyed.

<https://clinmedjournals.org/articles/jide/journal-of-infectious-diseases-and-epidemiology-jide-6-130.php?jid=jide>

Masks can spread disease- Walking around with a dirty face mask isn't doing you or anyone else any favors and spread disease. They are meant to stop the spread of germs, not spread germs themselves. <https://www.eatthis.com/face-masks-side-effects/>



Skin irritation - (rash, acne, bumps, skin breakdown)

Wearing a mask will trap dirt and oils in your pores which can cause acne. Also, the friction or pressure of a mask can cause acne. Miliaria or heat rash, can result from occlusion and sweat under the mask. Some commercial face masks are pre-treated with formaldehyde to disinfect them. This chemical can spark an allergic breakout. Synthetic fabrics used in masks are an issue for some people as well.

[https://www.healthline.com/health-news/face-](https://www.healthline.com/health-news/face-masks-may-be-irritating-your-skin)

[masks-may-be-irritating-your-skin](https://www.healthline.com/health-news/face-masks-may-be-irritating-your-skin)

Mask Mouth- *50% of the dental patients being seen today are experiencing signs of Mask Mouth.* When you wear a face mask it increases the dryness in your mouth. This is a perfect breeding ground for bacteria and viruses to grow. Your body produces saliva to create a protective barrier. There are also antimicrobial components that are produced to fight the bacteria. Saliva also plays an important part in preventing viruses from entering directly into our bodies. Mask mouth leads to Tooth Decay, Inflamed Gums, Bad Breath, and Gum Disease.

<https://thefamilydentalcenter.com/blog/mask-mouth-yes-it-is-a-real-thing/>



Headaches/Migraine/Jaw Pain- The muscles and tissues that allow your jaw to move can become irritated or tense when a mask pulls behind your ears. The nerves that affect your jaw can also send pain signals that can be felt as a headache.

<https://www.summitortho.com/2020/09/08/can-a-face-mask-give-you-a-headache/>

Impaired cognition (brain trouble/difficulty thinking)- Wearing a mask can prevent a person from getting enough oxygen which can greatly affect the brain.

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7844352/>

Hard to Breathe/Respiratory issues- <https://www.bmj.com/content/369/bmj.m2003>



Still not Convinced?

Check out the following websites for more information:



<https://themodelhealthshow.com/maskfacts>

<https://timetofreeamerica.com/>

<https://HealthFreedom.news/>

Fake Covid Cases OKLAHOMA Reporting

County Commissioners,

Just to let you know over the next week, the OSDH website will be reporting an **increase in the COVID numbers** in most counties due to the report will be including 'probable' COVID cases in addition to actual positive cases as confirmed by test results. This will increase local county Covid numbers overnight. However these cases may be cases which date as far as March. However, since the increase will appear overnight and may cause your community some concern and some questions for you, I just wanted you to be aware.

Secondly, within the next few weeks, the methodology for calculating the positivity rate (this is of the number of Covid tests being conducted, how many are positive for Covid) is being changed. Soon Oklahoma will follow the methodology supported by the majority of other states by the Johns Hopkins University of Medicine. This is so that equal comparisons can be made between the States. More information can be found at this website. <https://coronavirus.jhu.edu/region/us/oklahoma>

Additional information will be coming out on these changes and a press release should occur next week, but I wanted to give you an advanced notice.

Please let me know if you have any questions, or need additional information.

Maria A. Alexander, MHR, MEP

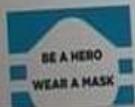
Regional Director

Craig, Delaware, Nowata, Mayes, Ottawa, Rogers, Washington and Wagoner County Health Departments

Office - 918.341.3166

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Email from Maria Alexander, Regional Director of Health Dept, OK

Above is an email from Maria Alexander, Regional Director of Health Department for Craig, Delaware, Nowata, Mayes, Ottawa, Washington, and Wagoner County sent out e-mail to all counties, stating that the OSDH website would be updating the Oklahoma count for positive COVID 19 cases would include

PROBABLE CASES as well as Actual Reported Cases!

This is intentional false and fake reporting! She basically states that they want to manipulate the numbers, so they resemble other states, so they are doing the same. This promotes fear so mask mandates are put into place, to destroy businesses and effect the economy and ultimately get you take vaccine shot that is experimental and ingredients never given to humans.

Disclaimer:

This booklet is a result of a thorough study of the open to public resources, is for information only.

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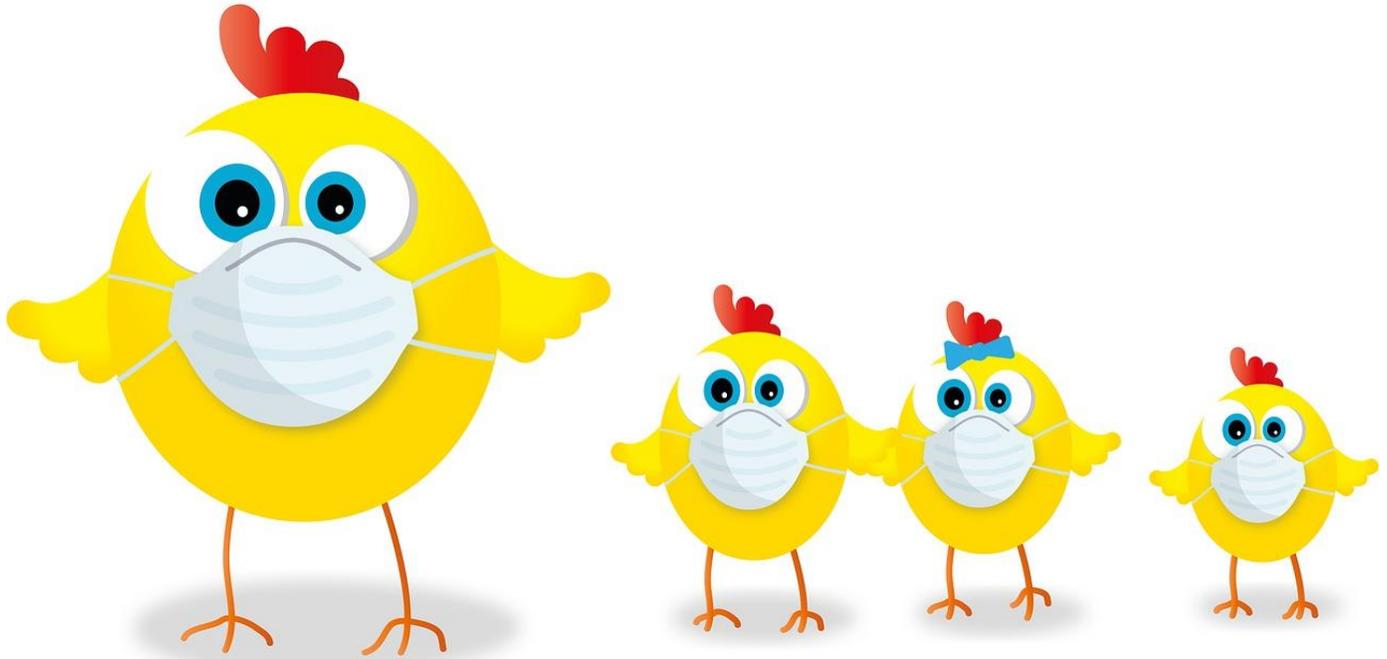
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Don't Be Chicken



Say NO to Masks